TAKE CHARGE OF YOUR DIABETES!
OUR THREE WEEK PROGRAM CAN HELP YOU IMPROVE YOUR HEALTH – ONE STEP AT A TIME.

The Lourdes Diabetes Education Program is a skill-building program designed specifically for people with diabetes.

Participants in this group education program gain the skills necessary to self-manage their diabetes and work effectively with their health care professionals.

WHO CAN TAKE PART? ANYONE LIVING WITH DIABETES!
COVERED BY MOST INSURANCE COMPANIES.
Registration is required – Insurance benefits will be verified prior to the start of the program.

PROGRAM DETAILS

• 3 week program
  (1 session per week, 3.5 hours per session)
• Offered monthly
• Select a time that works for you:
  – Weekdays: 5:30PM – 9:00PM
  – Saturdays: 9:30AM – 1:00PM
• Choose from 4 locations:
  – Our Lady of Lourdes Medical Center
    1600 Haddon Ave, Camden
  – Lourdes Medical Center of Burlington County
    218 Sunset Rd, Willingboro
  – LourdesCare at Cherry Hill
    1 Brace Rd, Cherry Hill
  – Margaret Heggan Library
    606 Delsea Dr, Sewell

For more information or to register:
Contact us at 1-877-533-4222.