Meet Our Team

Our team of endovascular and vascular specialists provide the most advanced treatments for vascular disease. They include:

- **Steven V. Curiale, MD, FACS, FACC**
  LMA Vascular Surgery Service,
  Lourdes Medical Associates
  Phone: 856-547-0389

- **Hassan A. Chadhry, MD, FACC**
  Lourdes Cardiology Services,
  Associated Cardiovascular Consultants
  Phone: 856-428-4100

- **Richard DiFiore, MD**
  LMA Vascular Surgery Service,
  Lourdes Medical Associates
  Phone: 856-546-3900

- **Ian L. Jaffe, MD, FACC**
  Lourdes Cardiology Services,
  Associated Cardiovascular Consultants
  Phone: 856-424-3600

- **Steven J. Kernis, MD, FACC, FSCAI**
  Lourdes Cardiology Services,
  Associated Cardiovascular Consultants
  Phone: 856-428-4100

- **Thierry Momplaisir, MD**
  Lourdes Cardiology Services,
  South Jersey Heart Group
  Phone: 856-482-8900

- **Audrey A. Sernyak, MD, FACC**
  Lourdes Cardiology Services,
  Associated Cardiovascular Consultants
  Phone: 856-428-4100

- **Hafeza Shaikh, DO**
  Lourdes Cardiology Services,
  South Jersey Heart Group
  Phone: 856-482-8900

- **Anthony G. Smeglin, MD, FACC, FSCAI, RPVI**
  Lourdes Cardiology Services,
  Associated Cardiovascular Consultants
  Phone: 856-428-4100

- **Nassar Youssef, MD**
  LMA Vascular Surgery Service,
  Lourdes Medical Associates
  Phone: 856-757-3840

- **Nasser A. Chaudhry, MD, FACC**
  Lourdes Cardiology Services,
  Associated Cardiovascular Consultants
  Phone: 856-428-4100

- **Thierry Momplaisir, MD**
  Lourdes Cardiology Services,
  South Jersey Heart Group
  Phone: 856-482-8900

- **Audrey A. Sernyak, MD, FACC**
  Lourdes Cardiology Services,
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- **Hafeza Shaikh, DO**
  Lourdes Cardiology Services,
  South Jersey Heart Group
  Phone: 856-482-8900

- **Anthony G. Smeglin, MD, FACC, FSCAI, RPVI**
  Lourdes Cardiology Services,
  Associated Cardiovascular Consultants
  Phone: 856-428-4100

- **Nassar Youssef, MD**
  LMA Vascular Surgery Service,
  Lourdes Medical Associates
  Phone: 856-757-3840

Vascular Disease:

**Care Beyond Compare**

You can expect our skilled, compassionate physicians and staff to provide you with the highest level of care for your vascular condition. In fact, Our Lady of Lourdes Medical Center continues to outrank its competitors in quality, as evidenced by outstanding results recognized by HealthGrades, the nation’s leading healthcare rankings organization. In 2013, Our Lady of Lourdes Medical Center has been recognized as:

- **One of America’s 100 Best Hospitals for Cardiac Care™**
- **One of America’s 100 Best Hospitals for Stroke Care**
- **Recipient of the Cardiac Care Excellence Award™**
- **Ranked Among the Top 10% in the Nation for Overall Cardiac Services**
- **Ranked Among the Top 10 in NJ for Cardiac Surgery for 7 Years in a Row**
- **Five-Star Recipient for Valve Surgery**
- **Ranked in the Top 5% in the Nation for Emergency Care**

For information or physician referral, call 1-888-LOURDES (568-7337) or visit us at www.lourdesnet.org.
Effective Treatments
At Lourdes, our expert staff has access to the most state-of-the-art treatments for vascular disease. We can treat any problem in any location—from head to toe. Lourdes endovascular and vascular specialists are able to treat all types of vascular disease with procedures such as:

- Angioplasty: Inflating a balloon to widen a narrowed or blocked vessel.
- Stenting: The insertion of small expandable tubes, or stents, to treat narrow or weakened arteries.
- Schlerotherapy: An injection of a solution directly into a spider vein or varicose vein that irritates the lining of the vessel, causing it to fade over time from view.
- Open Bypass Surgery: A procedure during which blocked arteries are bypassed with blood vessels taken from another part of the body or with a synthetic graft.
- Surgery for Abdominal Aortic Aneurysm (AAA): A repair to the damaged aorta utilizing direct access through an abdominal approach.
- Stent Graft: A minimally invasive procedure whereby a specially designed stent covered with a flexible material is inserted into an artery.

- Carotid artery disease: Also known as carotid artery stenosis, this condition results in a narrowing of the carotid arteries typically caused by the buildup of fatty substances and cholesterol deposits, called plaque.
- Atherectomy: A procedure to remove plaque build-up from a vessel wall using rotational, directional or excimer laser modalities.
- Thrombectomy: A surgical procedure to remove a blood clot in an artery or vein.
- Endarterectomy: A surgical procedure to remove plaque build-up in an artery.
- Inferior Vena Clava Filter (IVC): A small device inserted into a surgically treated vein to prevent future clots from going to the lung.
- Laser/Radiofrequency Ablation (EVLT/RFA): A minimally invasive treatment for venous reflex and varicose veins that uses light or sound waves.

Risk Factors for Vascular Disease:
- Cigarette smoking
- Over age 50
- Obesity
- Diabetes
- Heart disease
- High cholesterol
- High blood pressure
- Stress
- Family history

An Overview
Millions of Americans have vascular disease, and that number is expected to grow as the population ages. People with some forms of vascular disease experience:

- Pain
- Cramps
- Numbness

Alternatively, many people with the disease may experience no warning signs. Because vascular diseases are so variable and complex, the Lourdes team provides a unique multidisciplinary approach to the screening, diagnosis and treatment of patients. Our vascular specialists are recognized experts in their fields, offering leading-edge treatments for a wide variety of vascular conditions, including:

- Peripheral Arterial Disease (PAD): This is the most common vascular condition and occurs when arteries supplying blood to the body’s extremities become narrowed or clogged.
- Abdominal aortic aneurysm (AAA): A weakening in the walls of the arteries that causes a bulge in the portion of the aorta as it passes through the abdomen.
- Deep vein thrombosis (DVT): A blood clot, or thrombus, in a deep vein.
- Venous reflux disease: A condition which causes a reversal in blood flow in the legs due to improperly operating valves in the vein, often resulting in varicose veins, skin discoloration or ulcers.

Diagnosis
Lourdes offers a full spectrum of high-quality diagnostic services at locations across South Jersey. They include:

- Ankle Brachial Index (ABI)
- Pulse Volume Recording (PVR)
- SensiLase
- Computed Tomography (CT)
- Magnetic Resonance Imaging (MRI)
- Ultrasound (including carotid, arterial duplex, venous duplex, abdominal aortic, renal duplex and mesenteric)
- Angiography
- Venography