The aging process can complicate the diagnosis and treatment of unique mental health needs and life challenges that older adults can find difficult to overcome. The Senior Behavioral Health Program at Lourdes Medical Center of Burlington County helps older adults and their families understand and learn to manage these challenges.

Lourdes Medical Center of Burlington County is conveniently located at 218 Sunset Road, Willingboro, New Jersey.

It is a short distance from Exit 5 of the New Jersey Turnpike, Exit 47 of Interstate 295 and Route 130.

Call 609-835-3400 for more information or to make a referral.
Our Program

Lourdes Medical Center of Burlington County is well-regarded for its extensive experience in providing behavioral health services to the community.

Our 20-bed program utilizes a short-term treatment approach for older adults who are experiencing behavioral and/or emotional problems. Patients benefit from customized treatment plans developed by our multidisciplinary team consisting of a psychiatrist, medical physicians, social workers, nurses, and occupational and recreational therapists.

Our patient-centered program provides a safe, structured and supportive environment, medical assessment and intensive psychiatric and physiological therapeutic intervention. Every aspect of program life is intended to assist patients achieve their optimal level of functioning and recovery.

Patients and families are encouraged to play an active role in the treatment process. Based on the patient’s needs, treatment may include:

- Assistance with coping mechanisms and problem-solving abilities
- Medication management
- Individual and group therapy
- Family therapy
- Therapeutic recreation services
- Patient/family educational groups
- Skill-building activities

Patients also have access to the comprehensive care of Lourdes specialists and hospital services, if needed.

Prior to discharge, our caring, professional staff work with the patient and family to explore and recommend appropriate settings and community resources to assist the patient based on his or her level of functioning.

Who May Benefit

The Senior Behavioral Health Program at Lourdes can provide care to older adults to help manage:

- Delusions or hallucinations
- Recurrent thoughts of suicide
- Social withdrawal
- Increased forgetfulness or confusion
- Loss of interest in personal appearance or hygiene
- Change in sleeping patterns or insomnia
- Aggressive or combative behavior
- Agitation
- Paranoia
- Refusing to take medications

Family Support

We believe that a patient’s recovery is enhanced when the family participates in the process. We urge family members to participate in treatment as much as possible. We also work closely with the family to develop an aftercare plan, which includes the most appropriate living arrangements.

Admissions

Admissions are accepted 24 hours a day. Referrals are accepted from physicians, medical and mental health professionals, social service agencies, hospital emergency departments, family members and friends. Patients also can self-refer for care.

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