Because of your generosity, Lourdes Health System made a meaningful impact not only within the walls of its hospitals, physician offices and outpatient care centers but also throughout the communities it serves. The following report highlights how your support has allowed the health system to advance its medical care, technologies and programs. Lourdes Health Foundation is extremely grateful for the continued support from our generous individual donors, our popular and successful Dance, Golf and Women’s Events, and our private and public grant funders. Thank you for supporting Lourdes’ work to save lives and change lives.

LourdesCare at Cherry Hill

In March, LourdesCare at Cherry Hill, our new 54,000-square-foot outpatient complex at Route 70 and Brace Road, opened its doors. LourdesCare now allows our patients greater access to Lourdes’ advanced diagnostic and treatment services. The facility also is home to our expanded Heart Failure Program.

The program addresses the fastest growing cardiovascular disease and the leading cause of hospital admissions and readmissions. Advanced practice nurses work with cardiac-rehabilitation staff as well as physicians, pharmacists and dietitians to regulate changes in the participant’s medication as well as nutritional and physical-activity regimens. Close monitoring and continual support helps keep patients healthier and out of the hospital. Support of the Heart Failure program also funds scales for low-income patients so they can monitor their weight and effectively manage their condition. The Heart Failure Program serves more than 1,000 patients.

Donors for LourdesCare Cherry Hill include Mark and Denise Schmid, White Harris, Alberto & Associates, Besler Consulting and Chadwick Service Company. “I am proud to support the LourdesCare program,” said Mark Schmid. “The new facility is beautiful, convenient and the services are excellent. It’s wonderful to have Lourdes expand its horizon and bring its high quality healthcare to more of the southern NJ community.”

Living Springs at Lourdes

In 2013 Lourdes furthered the mission of Living Springs at Lourdes, a voluntary inpatient program treating the behavioral health needs of our military servicemembers, by expanding its services to accept both male and female patients from active duty military, veterans, spouses and adult children. In the newly expanded program, men and women are housed in separate sections of the private unit. All patients benefit from a comprehensive treatment program that includes individual counseling and group therapy, which are separated by gender. Dining facilities and the general relaxation areas are co-ed. In 2013, 97 patients received support and care in Living Springs at Lourdes located at Lourdes Medical Center of Burlington County.
**Patient and Visitor Services**

In our continued efforts to provide our patients and visitors with amenities to make their stay more comfortable, Our Lady of Lourdes Medical Center and Lourdes Medical Center of Burlington County recently installed mobile device charging stations. The self-service stations include charging cables for most portable phones, tablets, music players and other mobile devices. The charging stations are installed in the Same Day Surgery Waiting Areas and allow patients and their visitors to stay connected, keep up with work or play games or read e-books, without worrying about running down their portable device’s batteries.

In 2013, Our Lady of Lourdes Medical Center renovated several Solariums throughout the Medical Center. Solariums are an important space within Our Lady of Lourdes Medical Center. Our Solariums are a place for family members and hospital patients to gather or when visitors are awaiting news of a family member’s health condition.

The Auxiliary for Our Lady of Lourdes Medical Center continued its mission of supporting the hospital by funding equipment needs to improve hospital operations. Sleep recliners were purchased for key areas of the Medical Center. The sleep recliners are used for patient family members who need to stay overnight as well as for patients who need to sleep in an upright position due to their medical condition.

Dinamaps and Staxi Wheelchairs were also purchased to expedite patient care. Dinamaps are vital sign monitoring equipment and help measure pulse, blood pressure, temperature, and oxygen levels. Staxi Wheelchairs nest within one another and take up less space on the unit.

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**Renewed and Renovated Café at Lourdes Medical Center Burlington County**

Thanks to the support of the Auxiliary of Lourdes Medical Center Burlington County, the Café has a new look and feel. Comfy seating, bistro style tables, wood grain flooring, new cabinetry, new fresh salad bar and an inviting color scheme all add up to a great place to have a meal or a break. According to Paula Fisher, Auxiliary President, the group took on the project to make the space more attractive for visitors and associates, “Just as in our own homes, the kitchen is more than just a place to eat – it’s a place to connect with others and to refresh ourselves. The Auxiliary is proud to support this renovation to make the Café a more inviting environment for our visitors as well as our staff.”
**LIFE at Lourdes**

The LIFE at Lourdes program expanded in 2013 with a new rehabilitation space. LIFE at Lourdes, based out of Camden County NJ, serves a medically frail and financially fragile elderly population. The purpose of LIFE is to keep the elderly safe in their home with adequate support to allow them to “age in place” rather than in a nursing home. With the additional rehabilitation space, more activity and exercise is incorporated into the rehabilitation plan of each participant. A newly donated easy-access scale helps patients track their weight as part of their overall health. The new space also has the capacity to allow the rehab team to add additional equipment which will lend itself to new therapies for LIFE participants. Group activities also take place while the physical and occupational therapists are providing one on one therapy, and there is an area for supervised walking which is a very important therapy for the program participants.

**Mission in Action**

Our Lady of Lourdes Health Foundation, Inc. and Our Lady of Lourdes Medical Center has been a sponsor for Foster Grandparent and Senior Companion programs in the Camden County community for 25 years, which are funded by the Corporation for National and Community Service. In 2013 Lourdes expanded in the reach of its Foster Grandparent Program by assuming sponsorship of Atlantic County Foster Grandparent Program.

Income eligible Foster Grandparents residing in the Atlantic County area will serve low-income, at-risk, school-aged children. Sponsoring the Foster Grandparent Program in Atlantic County allows the program to serve more seniors and more at-risk children.

The Osborn Family Health Center continues to support the community through its Prescription Assistance Program. Each year more than 15,000 very low income and indigent patients primarily from Camden rely on the Center to meet their healthcare needs. The majority of patients are children, but the Center also cares for over 1,000 maternity patients each year who come to Osborn for their prenatal and subsequent newborn care. Medication assistance is provided to patients in need in all three medical specialties which include Family Practice, Obstetrics and Gynecology, and Pediatrics. The greatest need is for medications for asthma and acute infections and supplies for gestational diabetes. Pepe Piperno of The Domenica Foundation, one of the program’s supporters, had this to say about the Osborn Family Health Center Prescription Assistance Program, “It is the privilege of the Domenica Foundation to support the wonderful, living-giving and necessary work of the Osborn Family Healthy Center in Camden. The prescription assistance program, in particular, is vital to helping the families and children of Camden receive quality health care. We support this because it is increasing the quality of life for these families!”
School of Nursing

The spirit of nursing is thriving at the Our Lady of Lourdes School of Nursing. In 2013 the school was fortunate to receive two nursing scholarships and lead a community service project, Marketplace for Healthy Living.

The Eileen Rickershauser Memorial Scholarship was awarded to Emily Carter by Carl Rickershauser. Eileen Rickershauser served as President of Our Lady of Lourdes Medical Center Auxiliary for six years. Prior to that she served as Assistant Treasurer, Treasurer and Vice President of the Auxiliary. Mrs. Rickershauser was a great believer in the power of education and was devoted to Our Lady of Lourdes Medical Center. The annual scholarship of $1,000 will be awarded to a student of Our Lady of Lourdes School of Nursing who demonstrates a commitment to nursing, maintains good academic standing, and has financial need.

Sewell resident Kelly Nino was awarded the Janet C. Reynolds Scholarship by Dean Lisa Easterby. The $1,000 scholarship is given each year to a full-time Lourdes nursing student who has a history of community service and a strong commitment to the field of Nursing. “The scholarship is intended to help someone who has the will and desire to help others to achieve their goal,” said Reynolds. “A scholarship allowed me to attend nursing school and I know personally, what receiving financial support means.”

The Our Lady of Lourdes School of Nursing also sponsored the Marketplace for Healthy Living. The services of the marketplace included fresh produce donations of over 25,000 pounds to Camden City and area county residents through the Farmer’s Against Hunger campaign, health screenings and health education to over 300 people, guided reading to over 150 children at the Osborn Family Health Center and mobile fresh produce sales as a Camden Farmer’s Market site.

“A scholarship allowed me to attend nursing school...”

Thank you for making an impact in the lives of so many in 2013.