



Dear Parent(s):

In the Safe Sitter course, a great deal of information is presented in a short period of time. Some children are unable to keep up with the pace. Because we want every child to succeed in the class, we will work with you to make alternate plans if your child has difficulty keeping up.

I will take responsibility for deciding whether my child is capable and mature enough to babysit. _____ **YES**

Is there anything about your child that you would like to share with us before the class? _____

ATTENDANCE

I understand the importance of having my child attend each class session on time. _____ **YES**

MANNEQUIN PRACTICE

The Safe Sitter class includes practice of rescue skills on CPR mannequins. Strict standards for controlling infection are followed in using mannequins.

I agree not to send my child to class if he/she has a contagious illness. _____ **YES**

I give permission for my son/daughter to practice on the mannequins. _____ **YES**

PHOTOGRAPHIC RELEASE

I consent and authorize Lourdes Medical Center of Burlington County to use and reproduce photographs taken of my child during Safe Sitter class for publicity purposes.

_____ **YES** _____ **NO**

Signature of parent/guardian

Date

Safe Sitter assumes no responsibility for the acts or omissions of Safe Sitter graduates.

If you would like to bring in your registration in person, Community Outreach Center is located in the Professional Bldg East, Suite 100 across from the Emergency Room of the Hospital.

*Community
Outreach*

**2010
Safe Sitter
Course**

*Better sitters today.....
Better parents tomorrow*

218-A Sunset Rd., Willingboro, NJ 08046
(609) 835-5813

Safe Sitter is a nationally known and recognized program given in all 50 states. It is designed for 11-13 year old adolescents. The purpose is to increase the availability of young adolescent babysitters who can provide safe, nurturing care for child and who can respond appropriately to medical emergencies. The long term goal is to prepare young people for their future role as parents. There are many additional benefits to the adolescents including enhanced self-esteem, introductory employment skill and a number of safe habits and life skills.

Safe Sitter is a highly structure, interactive program which was developed by Patricia A. Keener, MD, Clinical Professor and Associated Chairman, Department of Pediatrics, Indiana University School of Medicine. It is a **two** session course that includes the following topics:

- ❖ Babysitting as a business
- ❖ Babysitting ethics such as when its OK to cancel or refuse a job
- ❖ Personal safety
- ❖ How to care for children including diapering, holding an infant, feeding

- ❖ Care for a choking infant or child
- ❖ Injury prevention
- ❖ Basic first aid

All information is medically accurate and based on recommendations of the American Academy of Pediatrics who has recognized the program for excellence.

Only Safe Sitter certified instructors offer the program. There is an instructor student ratio which limits class size.

Dates for 2010:
February 8 & 10,
March 22 & 24, June 7 & 9,
July 19 & 21, and November 8 & 10

Times:
Session 1 5:30pm to 9:00pm
Session 2 5:30pm to 9:00pm

Location: Back of the cafeteria

Cost: \$45 per student
Class size limited.

Student should bring a baby doll to class.

Checks should be made payable to:
Lourdes Medical Center of Burlington County

Mail to: Lourdes Medical Center of Burlington County, Community

Outreach 1113 Hospital Drive, Suite 100, Willingboro, NJ 08046

REGISTRATION FORM

Class Dates: _____

Student Name: _____

Parent(s)/guardian: _____

Address: _____

Phone (home) _____

(work) _____

Age: _____ * M _____ F _____

Grade _____

Birth Date: _____

Name student wants to be called in class: _____

In case of emergency contact _____

Emergency # _____

Relationship _____

*Student must be at least 11 years old.

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