

Lunch or Dinner Entrees

All Entrees are served with your choice of Salad (Garden Salad, Mixed Greens, or Caesar), one starch (Mashed Potato, Baked Potato, Rice Pilaf, Risotto, or Pasta) and the Chef's choice of seasonal vegetable

Poultry

Chicken Parmesan

Breaded Chicken Breast Topped with Mozzarella Cheese & Tomato Sauce
\$11 per person

Chicken Saltimbocca

Grilled Chicken Topped with sliced Prosciutto, Fresh Spinach, Swiss cheese, & Madeira Sauce
\$12.25 per person

Chicken & Roasted Red Peppers with White Wine

Fresh Oven Roasted Chicken Topped with a Light Roasted Red Peppers & White Wine Sauce
\$10.50 per person

Lemon Garlic Grilled Chicken

Marinated Chicken in Fresh Lemon & Garlic
\$10.25 per person

Fresh Roasted Turkey

Fresh all White Meat Roasted Turkey, Slow Cooked with Garlic & Black Pepper.
Served with choice of Dressing, Mashed Potato or Baked Potato.
\$12 per person

Beef

MARINATED FLANK STEAK

Marinated in Italian Dressing & Lightly Grilled
\$11 per person

PEPPER STEAK

Fresh Beef Strips, Slowed Cooked with Green & Red Bell Peppers served with white rice
\$9.95 per person

MEATBALLS, PASTA & MARINARA

Slowed Cooked & Homemade Meatballs & Marinara Sauce and Served over Pasta.
Includes Breadsticks
\$10.25

STUFFED VEAL CHOP

Fresh 7 oz Veal Chop stuffed with and drizzled with Demi Glace
Market Price

Pork

Grilled Sausage & Peppers

Fresh Grilled Sausage Topped with Red & Green Peppers

\$9.95 per person

Garlic & Sun Dried Tomato Pork Loin

Slow Cooked Pork Loin topped with a Garlic & Tomato Sauce

\$12 per person

Seafood

LEMON, DILL GRILLED SALMON

Fresh Grilled Salmon Topped with a Lemon & Fresh Dill Sauce

\$12.50 per person

GRILLED FRESH TUNA STEAK

Fresh Grilled Tuna Steak with Fresh Thyme, Garlic & Olive Oil

\$14 per person

LEMON BAKED COD

Slow Cooked Cod with Fresh Black Pepper & Lemon

\$13 per person

COCONUT CRUSTED TILAPIA

Coconut crusted Tilapia Baked in a light sauce with Dill

\$10.25 per person

Pasta / Quiche

BAKED ZITI

Baked Rigatoni, Tomato Sauce, & Mozzarella

\$9.95 per person

PASTA PRIMAVERA

Fresh Roasted Vegetables Mixed with a Light Cream Sauce

\$10.25 per person

EGGPLANT PARMESAN

Breaded Fresh Eggplant Layers of Ricotta, Provolone & Mozzarella Cheeses

\$11 per person

FRESH ROASTED VEGGIES & FARFALLE PASTA

Fresh Roasted Vegetables & Farfalle Mixed with a Garlic White Wine Sauce

\$10.50 per person

VEGETABLE QUICHE

Fresh Garden Vegetables mixed with Eggs & Swiss Cheese

\$9.25 per person

THE WORKING LUNCH

Chicken Caesar Salad Bar & Home made Soup and
Assorted Sandwiches
Assorted Fresh Baked Otis Cookies
Assorted Soda & Water
\$13.25 per person

THE WORKING LUNCH NUMBER 2

Choose a Side Salad from Lourdes Signature Salads
Sliced Ham, Turkey & Roasted Beef
Sliced American Cheese, Provolone Cheese & Swiss Cheese
Fresh Baked Bread Basket
Assorted Potato Chips
Pound cake or Brownies
Assorted Soda & Waters
\$9.25 per person

THE WORKING LUNCH NUMBER 3

Choose Two Side Salads from Lourdes Signature Salads
Sliced Honey Baked Ham, Smoked Turkey & Roast Beef
Sliced American cheese, Swiss Cheese & Pepper Jack Cheese
Fresh Baked Whole Grain Rolls & Bread Basket
Assorted Potato Chips
Choice of Brownies, Cookies or Layer Cake
Assorted sodas, Water & Ice Tea
\$12 per person

Express Box Lunches

EXPRESS LUNCH 1

Ham, Turkey or Tuna Salad on Kaiser Roll or Tortilla wrap
Assorted Potato Chips, Assorted Fresh Fruit,
Brownies, Soda or Water
\$7.25 per person

EXPRESS LUNCH 2

Grilled Chicken on a fresh Whole Grain Roll
Choose a Side Salad from Lourdes Signature Salads
Fresh Fruit
Soda & Water
\$8.25 per person

EXPRESS LUNCH 3

Shrimp Salad, Sliced Turkey or Tuna Salad on a
Fresh Baked Croissant or Onion Roll
Choose a Side Salad from Lourdes Signature Salads
Fresh Fruit
Brownies or Pound cake
Soda & Water
\$8.95 per person

All Express Box Lunch are complete with condiments and necessary accompaniments.

PIZZA & SALAD LUNCH

You're Choice of Freshly Baked Pizza, with a Variety of Topping!

Fresh Mushroom
Diced Red Pepper
Diced Green Pepper
Diced Red or White Onion
Sliced Black Olives
Diced Sausage
Diced Sausage & Peppers
Sliced Pepperoni

We also offer a Fresh Baked Wheat Pizza, with a Variety of Toppings!

Includes your choice of Fresh Garden Salad or Caesar Salad

&

Garlic Bread Sticks

\$10.25 per person (Plain Pizza).

Toppings additional \$1.00 each per person

SUSHI BAR

Enjoy Freshly Made Sushi

California Roll

Avocado Roll

Salmon & Cream Cheese Inside – out Roll

Shrimp Tempura Roll

Tuna Salmon Roll

Avocado Carrot Roll

All Sushi Can be made with Brown or White Rice

Market Price

When ordering Sushi please order 48hrs prior to your Event

Lourdes Signature Salads

\$3.75 per person per salad (side)

\$8.75 per person full entree

CAESAR SALAD

Fresh Romaine lettuce, Parmesan Cheese, seasonings, crouton and toppings accompanied by our creamy Caesar Dressing. Add Chicken for \$1.50 per person

ANTIPASTO SALAD

A fresh display of Prosciutto Ham, Genoa Salami, Provolone Cheese and Fresh Mozzarella

Served with fresh Grilled Vegetables & Marinated Artichokes

As well as Fresh baked Breads & Crackers

SHRIMP SALAD

Fresh Salad Shrimp, Mayonnaise, Dijon Mustard, Topped with Fresh Dill

CHICKEN SALAD

All White Meat, with Diced Red Onion, Diced Celery, & Mixed with Mayonnaise

SPINACH SALAD

Fresh Baby Spinach, Diced Red Onions, Bacon Bits, & Sliced Hard Cooked Eggs

BROWN RICE & BEAN SALAD

Freshly Cooked Brown Rice, Cut Green Beans, Red Kidney Beans, Black Beans, Diced Red & Green Peppers, Fresh Sliced Mushrooms & Lightly Mixed with Italian Dressing.

FRESH GREEN BEAN & RED PEPPER SALAD

Freshly Steamed Green Beans, Fresh Garlic, Diced Onions, Diced Red Peppers,
& Mixed with Balsamic Vinegar

PASTA SALAD

Marinated Pasta in Italian Dressing Tossed with Broccoli, Carrots, Diced Red Onions, & Green Bell Peppers

CHEESE TORTELLINI SALAD

Tri- Colored Tortellini Mixed with Fresh Broccoli, Diced Red Peppers, Sliced Mushrooms & Baby Carrots Mixed with Italian Dressing

GRILLED VEGGIE SALAD

Fresh Grilled Broccoli, Baby Carrots, Mushrooms, Red & Green Peppers Strips, Zucchini, & Eggplant, Marinated in Balsamic Vinegar & Fresh Basil

PROVOLONE & ROASTED RED PEPPER SALAD

Fresh Provolone Strips, Roasted Red Peppers, Fresh Garlic, Mixed with Olive Oil & Basil